



**January 18th 2025
09:00
Bill Thorpe Walking Bridge Parkrun**

The first event of the CCRR&W Point Series will be a 5km “**Guess Your Time**” event. Runners and Walkers will provide me with their estimated time before the start of the event, and the participant with the closest finish time to their predicted time wins.

Runners or walkers do not have to run their fastest, if this is part of a longer planned run/walk for the day. 1/2 marathon and marathon training participants can meet at the UNB Currie Centre and then run to the start, or just meet at the Parkrun start on the north side of the Bill Thorpe Walking Bridge near Piccaroons.

You can keep your gps watches running during the Parkrun portion, but please do not refer to them. The recorded Parkrun times will be referred to for the results and points collation.

Parkrun operates on free registration system that provides you with a scannable barcode. This is how they record their finishers. When you finish you get a token that they scan with your personal barcode. You can register with Parkrun on-line. Please register and bring your personal barcode to the event.

Please send your estimated finish times to me at info@ccrr.ca, or see me at the start of the event.

Virtual participation possible if you can't make it. Send me a predicted 5 km time. Then send me your result.

Paul