## E5, 2024 CCRR&W Point Series

May 10th - 12th , 2024

The fifth event of our point series is the **2024 Fredericton Marathon Weekend**. Our club members have participated in and supported this event for many years. As such we have incorporated this sporting festival into our point series to demonstrate our club's continued support of this event. It is a fixture around which many club members and local runners motivate themselves, set goals, and build their training plans.

Realizing that not all club member's can, or will be, participating in this particular event we will allow virtual completion, of any of the event distances included in the Fredericton Marathon weekend. (3 km, 5 km, 10 km, 21.1 km, 42.2 km).

There will also be points awarded for those who volunteer at the marathon, in any capacity, and for those that volunteer at the club booth during the race expo.

Hope to see you all there for the race weekend. I will peruse the event website for results of our club members. If you are volunteering please let me know what your role is and I will adjust the awarded volunteer points accordingly. For those not participating directly in the Fredericton Marathon events please send me your walking or running times for any one of the event distances.

Send your responses and information to the club email address: info@ccrr.ca

Good luck everyone, have fun walking or running and thank you volunteers.

Paul